



American Heart Association



Learn and Live

HEART WALK®

Take the First Step to a Heart-Healthy Community

2009

# Tri-County Start! Heart Walk

Serving Bergen, Passaic & Rockland Counties

Rockland Community College, College Road, Suffern, NY

Sunday, May 17th, 2009

Registration: 9:00 AM / Walk Starts: 11:00 AM

1 or 3 Mile Walk (Rain or Shine!)

*In Memory of Vincent Linguanti  
In Honor of Rich Henning*

Kat DeBuck; Rockland County - (845) 342-1115 x1214

Karen Winick; Bergen/Passaic Counties - (973) 569-3686

[www.tricountyheartwalk.org](http://www.tricountyheartwalk.org)

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To join the Tri-County Start! Heart Walk, contact your Team Captain:

Team Captain Name & Phone Number: \_\_\_\_\_



Walking.

